University of Connecticut
Center for Students with Disabilities
Documentation Guidelines

Psychological Disabilities

These may include, but are not limited to anxiety disorder, depression, bipolar disorder, post-traumatic stress, eating disorder, autism spectrum disorder, etc.

- Current Diagnosis(es) – As defined by the DSM V, and any additional psychological testing.

- Presenting Concerns - Discussion of how the student's current symptoms (ongoing difficulties and behaviors) substantially impact living, learning and academic achievement in a postsecondary environment.

- Background History – Information regarding the student's history of any prior accommodations received (i.e., in high school, another University setting, etc.).

- Medications/Treatment – Information regarding the student's current medication(s) (including dosage/frequency and any known adverse side effects), and/or current treatments (i.e., regular counseling or therapy, medication management appointments, etc.).

- Recommendations – specific recommendations for accommodations, auxiliary aids and/or services based on the impact of the condition in the postsecondary environment.

- Evaluator Qualifications – Information should be typed, on letterhead and include name and title, license number with state (if applicable), address, phone number, fax number, email address and signature of evaluator or medical professional.

Documentation may be submitted confidentially via:

Online by the student:	MyAccess at https://disabilities.center.uconn.edu/myaccess/ (requires a UConn NetID and password)
E-mail:	myaccess-csd@uconn.edu
Fax:	(860) 486-4412
Mail:	UConn Center for Students with Disabilities 233 Glenbrook Road, U-4174 Storrs, CT 06269-4174